

OBC LCM 2026: Session: 3: COACH evaluation sheet for TEAM: DBT

Coachinfo: Warming up from: 07:30 untill 08:45. Teamleadmeeting @ The listed starttimes are indicative!

Coaches: Smet Kathleen HEADCOACH

PB => Personal Best time

SB => Seasons Best time: Season starting point: first of September.

Event number: 15: 200M MEDLEY WOMEN					Heat:2, starttime: 09:03
Heat: 2/4 Lane : 3 Athlete: BROUWERS CHARLOTTE					Q-time: 02:23:61
PB (50m pool): 02:23.61 Antwerpen 20/07/2025					PB (25m pool): 02:18.84 SB: 02:25.17 Antwerpen 08/03/2026
	5 0 M	1 0 0 M	1 5 0 M	2 0 0 M	
PB	00:31.26	01:10.35	01:50.24	02:23.61	
	00:31.26	00:39.09	00:39.89	00:33.37	
					

Coach feedback:

Event number: 15: 200M MEDLEY WOMEN					Heat:3, starttime: 09:07
Heat: 3/4 Lane : 2 Athlete: VERTESSSEN FRAN					Q-time: 02:26:39
PB (50m pool): 02:26.39 Wezenberg 05/01/2025					PB (25m pool): 02:23.73 SB: 02:27.16 Antwerpen 22/03/2026
	5 0 M	1 0 0 M	1 5 0 M	2 0 0 M	
PB	00:31.28	01:11.28	01:53.12	02:26.39	
	00:31.28	00:40.00	00:41.84	00:33.27	
					

Coach feedback:

Event number: 17: 100M BREASTSTROKE WOMEN					Heat:2, starttime: 09:31
Heat: 2/8 Lane : 2 Athlete: MOORS YANA					Q-time: 01:21:98
PB (50m pool): 01:21.95 Antwerpen 28/07/2024					PB (25m pool): 01:19.99 SB: 01:24.49 Antwerpen 15/03/2026
	5 0 M	1 0 0 M			
PB	no time	01:21.95			
	no time				
					

Coach feedback:

OBC LCM 2026: Session: 3: COACH evaluation sheet for TEAM: DBT

Event number: 17: 100M BREASTSTROKE WOMEN			Heat:4, starttime: 09:35
Heat: 4/8 Lane : 3 Athlete: VANHEES ELLA			Q-time: 01:19:43
PB (50m pool): 01:19.43 Antwerpen 22/03/2026			PB (25m pool): 01:18.30 SB: 01:19.43 Antwerpen 22/03/2026
	5 0 M	1 0 0 M	
PB	00:37.07	01:19.43	
	00:37.07	00:42.36	
			

Coach feedback:

Event number: 17: 100M BREASTSTROKE WOMEN			Heat:6, starttime: 09:39
Heat: 6/8 Lane : 4 Athlete: VERSTREPEN SIEL			Q-time: 01:10:67
PB (50m pool): 01:10.67 SportinGenk Park 06/04/2026			PB (25m pool): 01:08.37 SB: 01:10.67 SportinGenk Park 06/04/2026
	5 0 M	1 0 0 M	
PB	00:33.50	01:10.67	
	00:33.50	00:37.17	
			

Coach feedback:

Event number: 17: 100M BREASTSTROKE WOMEN			Heat:8, starttime: 09:42
Heat: 8/8 Lane : 1 Athlete: PUT FIEN			Q-time: 01:15:98
PB (50m pool): 01:15.98 Antwerpen 08/03/2026			PB (25m pool): 01:16.49 SB: 01:15.98 Antwerpen 08/03/2026
	5 0 M	1 0 0 M	
PB	00:36.01	01:15.98	
	00:36.01	00:39.97	
			

Coach feedback:

Event number: 17: 100M BREASTSTROKE WOMEN			Heat:8, starttime: 09:42
Heat: 8/8 Lane : 2 Athlete: VERTESSSEN FRAN			Q-time: 01:14:94
PB (50m pool): 01:14.94 Antwerpen 27/07/2025			PB (25m pool): 01:13.03 SB: 01:15.04 Antwerpen 22/03/2026
	5 0 M	1 0 0 M	
PB	00:35.52	01:14.94	
	00:35.52	00:39.42	
			

Coach feedback:

OBC LCM 2026: Session: 3: COACH evaluation sheet for TEAM: DBT

Event number: 18: 200M BUTTERFLY MEN					Heat:1, starttime: 09:45
Heat: 1/4 Lane : 4 Athlete: BIRLOGEANU LUCA					Q-time: 02:23:06
PB (50m pool): no time PB (25m pool): 02:19.49 SB: no time					
	5 0 M	1 0 0 M	1 5 0 M	2 0 0 M	
PB	no time	no time	no time	no time	
	no time				
					

Coach feedback:

Event number: 18: 200M BUTTERFLY MEN					Heat:3, starttime: 09:51
Heat: 3/4 Lane : 8 Athlete: CLAESKENS MILAN					Q-time: 02:18:96
PB (50m pool): 02:18.96 Genk 01/02/2026 PB (25m pool): 02:15.60 SB: 02:18.96 Genk 01/02/2026					
	5 0 M	1 0 0 M	1 5 0 M	2 0 0 M	
PB	00:31.00	01:06.27	01:43.27	02:18.96	
	00:31.00	00:35.27	00:37.00	00:35.69	
					

Coach feedback:

Event number: 19: 50M BUTTERFLY WOMEN					Heat:3, starttime: 09:59
Heat: 3/8 Lane : 4 Athlete: FREDERIX MAYA					Q-time: 00:30:14
PB (50m pool): 00:30.14 Antwerpen 27/07/2025 PB (25m pool): 00:29.76 SB: 00:30.78 Wezenberg 03/01/2026					
	5 0 M				
PB	00:30.14				
	00:30.14				
					

Coach feedback:

Event number: 20: 50M BREASTSTROKE MEN					Heat:3, starttime: 10:09
Heat: 3/9 Lane : 4 Athlete: JORISSEN RUBE					Q-time: 00:31:92
PB (50m pool): 00:31.54 Antwerpen 28/07/2024 PB (25m pool): 00:31.47 SB: 00:32.11 Genk 01/02/2026					
	5 0 M				
PB	00:31.54				
	00:31.54				
					

Coach feedback:

OBC LCM 2026: Session: 3: COACH evaluation sheet for TEAM: DBT

Event number: 21: 200M BACKSTROKE WOMEN					Heat:1, starttime: 10:17
Heat: 1/4 Lane : 2 Athlete: FREDERIX MAYA					Q-time: 02:30:99
PB (50m pool): 02:30.99 Antwerpen 27/07/2025					PB (25m pool): 02:26.45 SB: 02:42.68 Genk 01/02/2026
	5 0 M	1 0 0 M	1 5 0 M	2 0 0 M	
PB	00:35.70	01:14.73	01:53.80	02:30.99	
	00:35.70	00:39.03	00:39.07	00:37.19	
					

Coach feedback:

Event number: 21: 200M BACKSTROKE WOMEN					Heat:3, starttime: 10:24
Heat: 3/4 Lane : 2 Athlete: VANDEVENNE LIAH					Q-time: 02:25:80
PB (50m pool): 02:25.80 Antwerpen 08/03/2026					PB (25m pool): 02:20.26 SB: 02:25.80 Antwerpen 08/03/2026
	5 0 M	1 0 0 M	1 5 0 M	2 0 0 M	
PB	00:33.28	01:09.81	01:48.01	02:25.80	
	00:33.28	00:36.53	00:38.20	00:37.79	
					

Coach feedback:

Event number: 21: 200M BACKSTROKE WOMEN					Heat:3, starttime: 10:24
Heat: 3/4 Lane : 5 Athlete: MELOTTE PIA					Q-time: 02:22:43
PB (50m pool): 02:22.43 Antwerpen 22/03/2026					PB (25m pool): 02:19.88 SB: 02:22.43 Antwerpen 22/03/2026
	5 0 M	1 0 0 M	1 5 0 M	2 0 0 M	
PB	00:33.58	01:09.72	01:46.05	02:22.43	
	00:33.58	00:36.14	00:36.33	00:36.38	
					

Coach feedback:

Event number: 23: 100M FREESTYLE WOMEN					Heat:5, starttime: 10:49
Heat: 5/9 Lane : 7 Athlete: VANHEES ELLA					Q-time: 01:00:18
PB (50m pool): 01:00.18 Antwerpen 22/03/2026					PB (25m pool): 00:59.70 SB: 01:00.18 Antwerpen 22/03/2026
	5 0 M	1 0 0 M			
PB	00:29.29	01:00.18			
	00:29.29	00:30.89			
					

Coach feedback: